

GASTROENTEROLOGY/HEPATOLOGY ASSOCIATES, LLC
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Magnesium Citrate/Dulcolax Prep

Purchase 2 (two) Bottles of Magnesium Citrate (each 10-12 ounces) and 4 (four) Dulcolax tablets

Day Prior to Procedure:

- ◇ Eat a *light* breakfast- i.e. eggs, yogurt, etc. (low fiber)
- ◇ Clear liquids for the rest of the day (See Clear Liquid Diet Sheet)
- ◇ 2pm – Take 4 Dulcolax tablets
- ◇ 3pm – Drink 1 bottle of Magnesium Citrate (10-12oz)
- ◇ 7pm – Drink 2nd bottle of Magnesium Citrate (10-12oz)

Clear Liquids are okay until 6 hours before procedure.

Take medications with *small* sips of water.

Scheduled For:

DATE: ____/____/____

TIME: ____ a.m./p.m.

LOCATION: Stamford Surgical Center—Tully Center 2nd Floor