

YOUR COLONOSCOPY IS SCHEDULED FOR DATE / / TIME : AM

The day before your colonoscopy begin a clear liquid diet (no solid food or milk) and remember to stay well-hydrated

PACKET 1

The afternoon of the day before your colonoscopy

DATE / /

START TIME PM

(Between 4–6 PM)

IMPORTANT

Drink plenty of clear liquids throughout the entire day to stay hydrated. See approved clear liquids on reverse side.

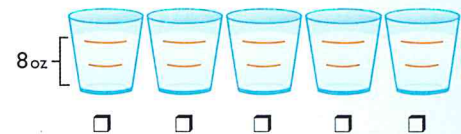
STEP ONE

- Fill the dosing cup provided with **cold** water up to the lower (5-ounce) line
- Pour** in the contents of ONE (1) packet and **stir** for 2-3 minutes until dissolved
- Drink** the entire contents



STEP TWO

Follow with FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace within the next 5 hours



See approved clear liquids on reverse side.

PACKET 2

The late evening of the day before your colonoscopy

DATE / /

START TIME PM

(10PM–12AM)

REMINDER

Drink clear liquids to stay hydrated up until 2 hours before colonoscopy. See approved clear liquids on reverse side.

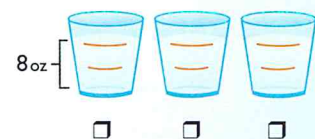
STEP ONE

- Fill the dosing cup provided with **cold** water up to the lower (5-ounce) line
- Pour** in the contents of ONE (1) packet and **stir** for 2-3 minutes until dissolved
- Drink** the entire contents



STEP TWO

Follow with THREE (3) 8-ounce drinks of clear liquid within 5 hours, before the colonoscopy



NOTE: You must finish all liquids at least 2 hours before your colonoscopy.

Indication and Important Safety Information

Prepopik is a prescription medicine used by adults to clean the colon before a colonoscopy. Prepopik cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

- Do not take Prepopik if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in Prepopik
- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking Prepopik: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking Prepopik, dizziness, urinating less often than normal, or headache (**Important Safety Information continued on the other side**)

PATIENT INSTRUCTION SHEET

DAY-BEFORE regimen

Afternoon AND late evening before the procedure

What's Inside

Inside your Prepopik box you will find:

- One (1) dosing cup
- Two (2) packets of Prepopik powder
- Complete Product Information for your reference



For medical information or customer service related inquiries please call 1-888-FERRING (1-888-337-7464)

Important Safety Information (*continued*)

- Prepopik and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that can cause death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with Prepopik is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs). The most common side effects of Prepopik include nausea, headache, and vomiting

Please see accompanying full Product Information.

Clear Liquids

Here are some examples of clear liquids your healthcare provider may recommend:

- Water
- Clear broth
- Apple juice
- White cranberry juice
- White grape juice
- Ginger ale
- Plain gelatin (no red or purple)
- Frozen juice bars (no red or purple)

DO NOT drink any of the following:

- **NO** red or purple liquids
- **NO** liquids that you can't see through (no milk or dairy)
- **NO** alcoholic beverages

Patient Instruction Video

To watch a brief demonstration of these instructions, scan this code with your smartphone or visit our website at www.prepopik.com/patientvideo.



 **Prepopik**[®]

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) for oral solution

10 mg/3.5 g/12 g per packet

FERRING
PHARMACEUTICALS

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PK/1189/2013/USag